

What do I do now?

1. Complete the Volunteer Application Form on www.arms-mrc.org.nz/Volunteers
2. Ensure you attach a copy of:
 - CV
 - Passport Details confirming your immigration status
3. Email these documents to: reception@arms-mrc.org.nz



***"The Volunteer Scheme has given me a unique and valuable opportunity and has help me into paid employment."
(Meg Ellwood – AUT).***

Contact us

ARMS Auckland Centre

Phone: 09-625 2440
Fax: 09-625 2445
Email: reception@arms-mrc.org.nz
(Resource Centre)
info@arms-mrc.org.nz
(Information Service)

Physical Address:

532 Mt Albert Rd, Three Kings Plaza,
Three Kings, Auckland

Postal Address:

PO Box 27 367, Mt Roskill, Auckland

Manukau Centre

Phone: 09-263 5490
Fax: 09-263 5491
Email: manukau@arms-mrc.org.nz
Physical Address:

Level 1, 2 Osterley Way, Manukau City
(Next door to Work and Income)

Postal Address:

PO Box 276 035, Manukau City

North Shore Centre

Phone: 09-419 7340
Fax: 09-480 7824
Email: northshore@arms-mrc.org.nz
Physical Address:

Level 1, Norman King Building
(opposite the Northcote Library)
Norman King Square, Ernie Mays Street
Northcote, North Shore, Auckland

ARMS Volunteer

Work Experience Scheme



**Auckland Regional Migrant Services
Charitable Trust (ARMS)**

***"Leading the way in facilitating successful
settlement for migrants and refugees
across the Auckland Region."***

www.arms-mrc.org.nz

Auckland Regional Migrant Services (ARMS) Volunteer Scheme

Our Centres offer a range of projects for migrant and refugee people who wish to volunteer their time and skills to the organisation.

This opportunity will encourage all volunteers to learn and develop new skills, including building confidence and self esteem in a New Zealand work environment.

ARMS Centres are located at:

- 532 Mt Albert Road – Three Kings Plaza
- Level 1, 65 Pearn Place – Northcote
- Level 1, 2 Osterley way – Manukau City

Selection Criteria

To be eligible as a volunteer for ARMS, we require all volunteers to be:

- A Permanent Resident - **OR**
- On Work to Residence Visa - **AND**
- In New Zealand for less than 2 years.



Yvonne Zhang,
Communications Volunteer
working on promotional flyers.

The Journey for an ARMS Volunteer



What are the benefits of the ARMS Volunteer Scheme?

Volunteers are very important to our organisation. We will provide you with a range of support and assistance which will cover the following:

- ✓ Financial assistance with lunch and travel costs.
- ✓ The opportunity to gain valuable New Zealand work experience.
- ✓ Support in working towards achieving employment opportunities or moving onto higher learning.
- ✓ The opportunity to network with other newcomers to Auckland.
- ✓ Assistance with CV preparation and interview skills training.
- ✓ The opportunity to attend a range of in-house organisational training initiatives.
- ✓ One-to-one assistance and training by a staff member in a project orientated field.
- ✓ A written reference from the HR Manager of ARMS.